

JADE Buddha



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Kids All Niter!

Saturday, May 14th, 2005

7pm - 9am

Kids all Niter, will be 14 of May and with all the training and good times will be the pizza and breakfast as before. The value is well worth the price. There was some comment about the price last time and after a quick evaluation of the time, effort and value, of the night I decided to raise the price to \$75. Those that came out to the last one thought it was worth it, and they are looking forward the next one.



CMAC Grand Opening

*Saturday, May 14th
Mississauga*

For those of you who have had the pleasure of meeting Sensei Basels you are aware that he is opening his Dojo in Mississauga on May 14th.

Think about coming out to this event. It is always rewarding to support our brother and sister Dojos. There is a sign-up sheet on the board for those who wish to attend and perhaps dazzle the attendees with a Goju Demonstration.

Kyu Belt Grading

Saturday, May 28th

Are you ready for the next level of training?

Get in those extra hours and brush up your requirements.

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"What you're doing right now is the only thing that matters right now."

SENSEI'S NOTE

Everyone can do Martial Arts, but not everyone has the drive, discipline, fortitude, ambition or foresight to do Martial Arts, and that's ok. At a recent movie shoot I was enlightened. Peter Jones, Alex Bethke, Fritz Titus and myself, were performing a series of fight scenes for a new movie company and everyone there was blown away by what we were putting together. Mind you it was some pretty good stuff, but for us it was just training as usual. This got me to thinking, all too often I see the new kids and adults come in and start training full of excitement, and within a few months they lose their enthusiasm because it's too hard or too easy or this or that. For those of you who



are having a hard time picking up the drills or kata or whatever, be inspired that one day you will be able to do these amazing things that we do, and for those that find it easy, understand that there is more to the Martial Arts than just moves, you are on a path to wisdom and understanding. Martial Arts has three parts, two of which are none physical, they are philosophical assimilation, protracted meditation, and hard physical training. Always remember where you came from and why you are here, think of the mystery and excitement you once felt, and make the best of each class. You only get out of life what you put in. Cause and effect, the more you put into the training the more you get out. It's not rocket science it's Martial Science.

TRAINING TIP

As the dojo matures certain accommodations must take place to facilitate a changing dynamic in the student body. White to Orange belts 7:30 to 8:30pm Monday and Wednesday and Green to Black belts 7:30 to 8:30 Tuesday and Thursday. There will be an open training time for adults between 8:30 and 9pm Monday through Thursday. Tai Chi will keep it the same schedule.



GRADING Results

April 23rd

Karate Blue Belt

Peter Jones

Karate Green Belt

Matt Collie

Kobudo Blue Belt

Peter Jones

Kobudo Green Belt

Jasmin Kortright

Kobudo Orange Belt

Michael Koculym

Kids Karate Orange Belt

Sam Lilly

Connor Allems

Levi Flowers

Elizabeth Chong

Stephen Chong

Clare Berthelotte

Erik Pervin

Kids Karate Yellow Belt

Nat Hall

Harry Gnloien

Nicholas Mitchell

Charlie Borenstein

Owen Salter

Jake Ross

Elijah Thomas

Emily Jacklin

Congratulations to all of you!

19-Pass 0-Fail 0-Probation

Next Kyu Belt grading May 28th

"We come from the earth, we return to the earth, in between we are gardening."

EVENTS CALENDAR

May, 2005

- 14 -CMAC Grand Opening
Mississauga
- 14-15 -Kids All Niter
7pm to 8am
- 20-22 -West Spring Camp
Banff
- 21-23 -Victoria Day Holiday
Dojo Closed
- 28 -Kyu Belt Grading
- 29 -Mayfair Fun Fair Demo

June, 2005

- 25 -CMAC Mini Camp
Oakville
- 26 -CMAC Tai Chi Seminar
Oakville 10am
- 26 -CMAC Black Belt
Grading Oakville 1pm



Movie day at the dojo

April 3rd we had a little movie day at the club, featuring the old classic Kung Fu with David Carradine. The kids sat through the show very attentive as they watch "Grasshopper" train at the Shoalin Temple, sparring, dodging spears, watching the different masters demonstrate the crane and tiger and get bits of wisdom from the old blind Master Poe. At the intermission the Pizzaville guys made us some pies that really hit the spot, then it was time for the second feature. The old series was not as action packed as things made today but I think the kids enjoyed them and got the messages that were there.



GET INVOLVED in the Mayfair Demo

Mayfair fun fair demo May 29 from 12 to 1:30pm it would be great if you could get involved. There is a sign up sheet and direction on the events board. See you there.

CMAC Toronto Tournament

Sensei William's hosted the 6th annual Toronto Tournament on April the 17th and it was a good day, the Beaches showed very well as always. There was no shortage of action with all the different events that were going on, some people were competing in two things at once. So many events that Alex came home with 12 medals. After the tournament a Basketball game just kind of happened and that just maybe part of the next Toronto tournament. We could certainly have one at our Battle in the Beach November 6th 2005. For results of the Toronto tournament look in the next newsletter. Congratulations to all those who competed and thanks to everyone who got involved.

***If you don't have a student manual then get one!
They are an excellent source of information.***

"A bend in the road is not the end of the road unless you fail to make the turn."

Did you know?...

According to research:

I cdnuolt blveiee taht I cluod aulacty uesdnatnrd waht I was rdanieg The phaonmneal pweor of the hmuan mnid. Aocccdrnig to rscheearch taem at Cmabrigde Uinervtisy, it deosn't mttar in waht oredr the ltteers in a wrod are, the olny iprmoatnt tihng is taht the frist and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it wouthit a porbelm.

Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe.

Such a cdonition is arppoiately cllaed Typoglycemia :-)

Amzanig huh? Yaeh and yuo awlyas thought slpeling was ipmorantt.

TORONTO TOURNEMENT RESULTS for Children 4-12yrs

4 and 5-Year Olds White and White/Yellow

Kihon – 3rd Logan Nordin
Kata- 2nd Nicholas Mitchell, 3rd Lara P. Tomori
Kumite – 1st Logan Nordin, 2nd Nicholas Mitchell
Self Defence – 1st Nicholas Mitchell, 3rd Lara P. Tomori

6-Year Olds Yellow

Kihon – 1st William Mitchel, 2nd Marie Khan, 3rd Riga Gyaltsion
Kata – 1st Riga Gyaltsion, 2nd William Mitchel
Kumite- 1st William Mitchel, 2nd Riga Gyaltsion

6- 8 Year Old Orange and Yellow/Orange

Kihon – 1st Patrick Redburn
Kata – 2nd Patrick Redburn, 3rd Kevin Snyman
Kumite – 1st Kevin Snyman Beaches, 2nd Patrick Redburn
Self Defence – 1st Kevin Snyman, 2nd Patrick Redburn

7 and 8 Year Old Orange/ Green

Kata – 2nd Aron Jasper Tanori, 3rd Xavier Kindrachuk
Kumite – 3rd Aron Jasper Tanori
2 Person Kata – 1st Aron Jasper Tanori, 3rd Kevin Snyman

9 and 10 Year Old White/ Yellow/Orange, Orange /Yellow

Kata – 3rd Natalie Heckhausen
Kumite – 2nd Natalie Heckhausen

9 and 10 Year Old Orange

Kumite- 1st Shannon Stein
Self Defence – 1st Shannon Stein

13 and 14 Year Old White/Yellow and Yellow

Kihon – 3rd Gus Zigomitros

11 and 12 Year Old Green

Kihon – 3rd Evan Benson
Kumite – 2nd Evan Benson
Self Defence – 2nd Evan Benson

11 and 12 Years Old Blue and Purple

Kihon- 3rd Christian English Pratt
2 Person Kata – 1st Evan Benson & Christian English Pratt

Childrens Kobudo

Kata Sticks – 3rd Christian English Pratt



We did so well at this tournament that the results will have to be split up between newsletters.
WAY TO GO BEACHES!!!