

JADE Buddha



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Black Belt Grading *June 24*

Holiday Inn in Oakville

Your Dojo will be sending Mudans to this grading.
Make an effort to get out to Oakville to watch them blow the roof off.
All our best Chi is with you Mudans congratulations!

China Trip 2007

July 2007

You are a fortunate student if you are going on this trip. This is a life changing experience and absolutely worth every penny. Take a look at the photos on the dojo walls for a preview to your adventure. Make sure your passport is up to date July will sneak up fast.

Book 2 Available

A great tool for every student training in Goju and a great value at \$20 per issue. In this issue you will be introduced to Soto Chudan Mawashi Uke, Kake Uke, Gekesai Itch and Ni new self defences and a lot of Sensei wisdom.

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"Always remember that a person is not rewarded for having brains, but for using them."

SENSEI'S NOTE

In the front window there is a write up about the death of Common Sense, it is truly brilliant, make sure you read it. There's an old saying "Common Sense is not so common." Well apparently it is now extinct, good luck to us all!

I'm sure everyone has heard about the poor 15 year old kid that got shot at school by some other little kid, over a prank with some fireworks. Sure no one wants to be on the receiving end of a prank with explosives, but no one explained that to this poor kid.

It is never a good idea to make fun of someone who doesn't know how to take a joke and is packing heat. You just never know what they're going to do, they have the power to blow you away and you just made them feel bad.

One day people might figure it out. Treat people how you would like to be treated, with courtesy and respect.

This is self defence. Every year someone, somewhere, wants to be important and let the world know how bad life is or how tuff they are by shooting unarmed students because everyone always picked on them. This year that kid in the states shot all those university students because people picked on him. His father came to America from Korea to give his kid a better life and this is what the kid does to thank him, he destroyed his father's name. Could you imagine being the father of such a sick monster.

Remember that guy from the east coast that came to the Beach in 2004 with a bag full of guns and was going to go on a rampage in our little neighbourhood. The only thing that stopped him was a woman and her dog, the dog was happy to see him and was friendly, the woman smiled

and talked to the would be killer in a friendly manner and that took all the hatred out of him. No one died that day, and all it took was a little friendship. I think people need to figure it out now!

*"Life is a challenge,
not a war zone."*

The other day I read a guys shirt that said "Life is not a Beach, it's a Mountain" I thought to myself - sorry about your luck. Life is 10% what you make it and 90% how you take it. Loosen up a bit, don't get all bent out of shape if someone does something stupid- for the most part they can't help it. Having said that just make sure it isn't you doing something stupid, and if it is you, apologize with sincerity, don't be diss'n. Peace saves children's lives.

TRAINING TIP

An opportunity missed is an opportunity lost. This is the opportunity for you seniors to take the bull by the horns and really make something happen on Friday nights. If you want to review a certain area of the training do it, tell the other students what you plan on doing, motivate the student body and make it happen. Don't do what we've been doing all week, look at your notes on passed classes that you like and work that stuff. Have some fun, use that class to work on the things that have inspired you to train in the first place.

You seniors have been training for sometime and believe it or not you really do have something to offer. If you put some life into your class, your class will come to life.

GRADING RESULTS

*for June 2nd will be posted
in July's Newsletter!*

*On June 24th your Mudans
will be challenging
for Shodan.*

*Be sure to make it out
to chi them on!*

*If you are interested in
attending any of the mini
camps get signed up today.*

*Sign-up sheets are on the
board in the Dojo!*

*Next Grading will be
scheduled for
September 2007!*

"Like a parachute the mind works best when it is open."

EVENTS CALENDAR

June 2007

- 2 Kyu Belt Grading
- 24 Black Belt Grading
Holiday Inn-Oakville

July 2007

- 17 China Trip 2007

August 2007

- 20-31 Dojo Holidays

September 2007

- 1-3 Dojo Holidays
- 4 Dojo Open



Sensei Platt's Beach Dojo Seminar



It was great having Sensei Platt up for the seminar, it was very well attended and there was some Brass along as well, Sensei Williams (*Hasu Dojo*) and Sensei O'Connell (*High Park*). Sensei really heated things up, starting off by whipping Sensei DeQuetteville (*Ajax Dojo*) around like a rag doll, and not to leave out Sensei Titus (*Nomad Samurai of the Northern Fist*) he got to feel some Sensei Platt power and pain. Sensei Fritz Titus being the adventurer that he is worked with Sensei Bassel



(*Yume Da Po*) all 260 LBS, for the rest of the night. Jason Bassel was the next uke for Sensei and by that time Sensei Platt was really rock'n, Jason's first take down was a cote gashi and it honestly looked like he got pulled forward by a train, it was awesome. Jason took it well but you should have seen the expression on his face. I have seen Sensei throw people for years but nothing like that, it was worth the price of admission just for that alone. As usual some weird thing happened with the time and 3 hours went by like nothing. Everyone had a good time and it was nice to see such a strong attendance from the Tai Chi class.

Thanks Sensei Platt for another awesome experience. OUS!



"A man who has once erred becomes wise, the man who has never erred is dangerous."

Happy 5th Anniversary Beach Dojo!

Wow did you see the size of that Buddha? Holy Karma. We celebrated the 5th anniversary of the Beaches Dojo on Tuesday May 22nd, a week early and totally unexpected, but my longest time student (Adrian Hillyer - started 1989) was in town from Arizona so we, as we often do, chose to live in the moment. After class someone said "Sushi" and before you know it the whole class is heading over to Kevin's (Aki da) for Sushi. Of course everyone wanted to see Adrian so I didn't think too much about it, then more people showed up and Sensei DQ popped in, then the BBall team arrived with Karl all the way from MTL, lastly Bubba pushes in this 400 pound stone Buddha. Everyone had many nice things to say, but nothing speaks

louder than a 400lb Buddha. Thank you and believe me it has been my pleasure.



shhhh...The Secret

OOHHH The Secret! Everybody is talking about the movie "The Secret" like it is this big deal. So I watch it to see if it is all that. Well it's unbelievable - I was blown away. It's was like a condensed version of the Master Key I have been through the Master Key close to 20 times, and now that I've seen the secret it all makes sense. (just kidding Sensei) I'm not going to break it down for you, you'll have to look into it yourself, it is a secret after all, and if everyone knew the secret what kind of a world would that be. Everyone having a more rewarding life, what would happen to all the drama? (you can never have enough drama)

All kidding aside, it is a good catalyst for neophyte to be inspired to look further into the own spirituality. It is like your own personal owners guide to you. It will work for anyone who opens their mind to it, it doesn't matter what your religion is, it will only add to it..

Thanks...

DRAGON Boat Races

Dragon Boat race were tuff this year, the competition has really stepped up since CMAC arrived. Our victories are no longer a sure thing. We came in second most of the races, because they brought in some Chinese pro's who really took it seriously. Sensei Platt wants to unleash the Beaches Dojo on them next year so be forewarned that will be our mission next year.

Adam Beck DEMO

Thank you to all, who got involved with the Demo. These kinds of things are very important, who knows who's life you could change forever. Participants were Miss Nathwani, Mr Jones, Mr Busbridge, Sue Warren, (Mudans) Levi, Sam, Julia, Eric (Grasshoppers) X, Patrick, Christopher, TT, Rega, Maija, Alex Lofthouse, Joe Huff, Alex & John-Henry Badali.